







Federally and state funded programs to promote school readiness are available through CAPCC Head Start and Pre-K Counts center-based services for children 3-5 years old and Early Head Start home-based services for pregnant women and children 0-3 years old. Children build the necessary skills for school and beyond through play activities and relationships with adults.

Early learning and development using the research based Creative Curriculum and parent input to individualize lesson plans and track children's developmental progress according to Pennsylvania Early Learning Standards. Parents, including foster parents and other primary caregivers, are recognized as children's first and most influential teachers.

Good Health and Nutrition are essential to growth and development. Children receive health screenings. Nutritious meals are provided during center sessions.

Family well-being supports children as the heart of meaningful family engagement. Parents can take an active role in their child's education by volunteering in the program room and participating in leadership roles at their center and for the entire program.

A Typical Center Day includes:

- Self-care and Hygiene Activities
- Large Group Learning Activity
- Small Group Learning Activity
- Nutritious Meals
- Gross Motor Activity
- Educational Choice Time

Families with annual income up to 300% of poverty are eligible for these FREE programs. (For example, a family of 4 could have earned up to \$83,250 in 2021.)

Pre-apply for our FREE Early Childhood Programs at <u>earlychildhood.capcc.us/pre-application/</u> or call 814-536-9031