PENN CAMBRIA SCHOOL DISTRICT

WORKERS COMPENSATION PACKET

COVERAGE PROVIDED BY EASTERN ALLIANCE INSURANCE COMPANY

EFFECTIVE JULY 1, 2014

- Accident Investigation Form shall be completed by Building Principal, or Supervisor with copy provided to Building Principal.
- □ Claim Reporting Worksheet
- □ Employee Acknowledgement of Rights & Duties
- Physician Panel (revised April 2021)

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Created 08/18/2014 Modified 11/07/2016 Modified 03/31/2017 Modified 03/14/2022

| Penn Cambria School District Accident Investigation Form NOTE: This form shall be completed by Building Principal or Supervisor, with copy provided to Building Principal. | | | | |
|---|-------------------------|-------------|-----------------------------|---------------------------|
| Employee Name | | Bu | ilding | |
| Date and time of injury/_ | / AM or PM (circ | cle one) | Normal starting tir | ne: or PM (circle one) |
| Where did the accident/injury | / occur? (e.g., room # | ŧ, room ide | ntifier, parking lot, etc.) |) |
| Describe the injury sustained | | | | |
| Identify any materials, item o | | | time of the accident | |
| Were all safety devices in us Explain: | e at the time of the a | accident/ir | ijury? YES | 8 NO |
| How did the accident/injury o | occur? | | | |
| How can this accident/injury | be prevented from h | nappening | again? | |
| Provide names and contact i | nformation of all with | nesses to | the accident/injury. | |
| Form completed by (must be Bu | uilding Principal or Su | pervisor) | / Toda | _/ ay's Date |

Highlighted Sections to be completed by Employee and Building Principal and/or Supervisor.

EASTERN ALLIANCE INSURANCE GROUP CLAIM REPORTING WORKSHEET 24/7 TELECLAIM: 1-800-336-3658 / ONLINE: WWW.EAINS.COM

| INSURED INFORMATION | | | | |
|--|--|--|--|--|
| Name and Title of Caller: | Phone Number: 814-886-8121 | | | |
| Insured Name: PENN CAMBRIA SCHOOL DISTRICT Policy #: 0000085518 | | | | |
| Insured Address: 201 6TH STREET, CRESSON, PA 16630-136 | 3 | | | |
| County: CAMBRIA | | | | |
| Contact Person for Claims: WORKERS COMP COORDINATOR | Contact Phone Number: 814-886-8121 x1008 | | | |
| EMPLOYEE INFORMATION | | | | |
| Name: | SS#: | | | |
| Home Address: | | | | |
| County: | | | | |
| Date of Birth: Gender: | Marital Status: # of Dependents: | | | |
| Date of Hire: Hire State: | Job Title: | | | |
| Supervisor's Name & Phone Number: | | | | |
| Did Employee Received Pay While Off Work Due to Injury?: | Employment Status: FT PT Temp | | | |
| ACCIDENT INFORMATION | | | | |
| Date and Time of Accident: | Time Shift Begins: | | | |
| Did Accident Occur on Employer's Premises?: | Date Reported to Employer: | | | |
| Accident Physical Address: County: | | | | |
| Accident Description (Include nature of injury, body part injured, | & cause of accident): | | | |
| | | | | |
| Did Accident Result in a Fatality?: | Date of Death: | | | |
| Was Time Lost as a Result of the Injury?: | Last Date Employee Worked: | | | |
| First Full Day of Work Missed Due to Accident: | | | | |
| Has Employee Returned to Work?: | Date Returned to Work: | | | |
| Were Safeguards or Safety Equipment Provided?: | | | | |
| ACCIDENT INVESTIGATION | | | | |
| Witness Name: | | | | |
| Address: | | | | |
| TREATMENT INFORMATION | | | | |
| Did Employee Seek Any Medical Treatment?: | | | | |
| Name of Medical Provider: | Is this a Panel Provider?: | | | |
| Address: | | | | |
| Was Employee Hospitalized?: | | | | |
| r - J | | | | |

Appendix B

EMPLOYEE ACKNOWLEDGEMENT OF RIGHTS AND DUTIES

Workers' Compensation is designed to provide wage loss benefits and payment for reasonable medical care for one who is injured on the job.

Remember: It is important to tell your employer about your injury immediately.

Your employer, in compliance with the Workers' Compensation Act, has posted a list of at least six (6) medical providers from which you must select. You must obtain treatment from one or more of these providers for ninety (90) days from the date of your first visit.

If you have a medical emergency, you may go to the closest hospital, physician or other health care provider of your choice. If follow up treatment is needed, you must then seek treatment from a physician or other health care provider listed on your employer's physician panel list for the first ninety (90) days from the date of your first treatment.

If during the initial 90-day period you wish to change medical providers, you must once again re-visit your employer's panel and select a new physician. If you seek treatment from a non-panel provider within the first ninety (90) days following your first visit, your employer will not have to pay for those services.

In the event invasive surgery is prescribed by a physician or other health care provider on your employer's panel, you are entitled to a second opinion from any other health care provider of your choice. If the opinion differs from the one provided by the panel provider, you may choose which course of treatment to follow. However, the second opinion must state a specific course of treatment. If you choose the treatment offered by the second opinion you must receive that treatment from a panel provider for a period of ninety (90) days from the date of the visit to the provider of the second opinion.

After the initial 90-day period, if additional or continued treatment is needed, you may now choose to go to another physician or health care provider of your choice. Should you decide to change providers, you must notify your employer within five (5) days of your first visit with your new provider. Failure to notify your employer will relieve your employer of the responsibility for the payment of services rendered if such services are determined to have been unreasonable or unnecessary. The non-panel provider must provide an initial report to the employer, within ten (10) days of the first treatment and every thirty (30) days thereafter, as long as the treatment continues.

Any person who knowingly and with intent to defraud any insurance company or other person files an application for insurance or statement of claim containing any materially false information or conceals for the purpose of misleading, information concerning any fact material thereto commits a fraudulent insurance act, which is a crime and subjects such person to criminal and civil penalties.

Your signature on this form indicates that you understand your rights and duties under the above provisions of the Workers' Compensation Act.

I hereby acknowledge that I have been informed of and understand my rights and duties under the Workers' Compensation Act.

| At Time of Hire | After an Injury | | |
|--------------------|-----------------|--|--|
| Employee Signature | Date | | |
| Witness Signature | Date | | |

Penn Cambria School District - Cresson (16630) (4/23/2021) NOTICE TO EMPLOYEES IN CASE OF WORK-RELATED INJURIES

Eastern Alliance Insurance Group PO Box 83777 Lancaster, PA 17608-3777 (717) 396-7095 (855) 533-3444

- 1. If you suffer a work-related injury, your employer or its insurance company must pay for reasonable surgical and medical services and supplies, orthopedic appliances and prosthesis, including training in their use.
- 2. In order to ensure that your medical treatment will be paid for by your employer or the insurance company, you must select from one of the following health care providers:
- 3. You must continue to visit one of the physicians listed below, if you need treatment, for ninety (90) days from the date of your first visit.
- 4. If one of the persons below refers you to another licensed specialist, your employer or their insurer will pay the bill for these services.
- 5. After this ninety- (90) day period, if you still need treatment and your employer has provided a list as set forth below, you may choose to go to another health care provider for treatment. You should notify your employer of this action within five days of your visit to said provider.
- 6. If a physician on the list prescribes invasive surgery, you may obtain a second opinion from any physician of your choice. If the second opinion is different than the listed physician's opinion, you may determine which course of treatment to follow; however, the second opinion must contain a specific and detailed treatment plan. If you choose the second opinion, the procedures in that opinion must be performed by one of the physicians on the list for the first ninety- (90) days. Therefore, in this situation, the employee may be required to treat with an employer designated provider for up to 180 days.
- 7. If you are faced with a medical emergency, you may secure assistance from a hospital, physician, or health care provider of your choice for your work-related injury. However, when the emergency is resolved, you must seek treatment from a provider listed below.

PLEASE CALL EASTERN ALLIANCE'S SCHEDULING SERVICES TOLL FREE AT 1-855-572-3926 FOR ASSISTANCE IN SCHEDULING PHYSICAL/OCCUPATIONAL THERAPY OR CHIROPRACTIC REHABILITIATION OR SEND THE REFERRAL FORM TO easternreferrals@medrisknet.com

| Name | Address | Scheduling | Area of Specialty |
|------------------------------------|--|----------------|--------------------------------------|
| MedExpress Urgent Care | 300 E Plank Rd Altoona, PA 16602 | 814-946-3801 | Occupational Medicine |
| MedExpress Urgent Care | 1221 Scalp Ave Johnstown, PA 15904 | 814-266-1138 | Occupational Medicine |
| University Orthopedics Center | 3000 Fairway Drive Altoona, PA 16602 | 814-942-1166 | Orthopedics |
| Total Care Orthopedics | 321 Main St Suite 3C Johnstown, PA 15901 | 814-535-6521 | Orthopedics |
| UPMC Altoona Elite Orthopaedics | 800 S Logan Blvd Ste 2200 Hollidaysburg, PA 16648 | 814-889-3600 | Orthopedics |
| Allegheny Brain and Spine Surgeons | 501 Howard Ave Ste E1 Altoona, PA 16601 | 814-946-9150 | Neurosurgery |
| Laurel Eye Clinic | 176 Vision Dr Duncansville, PA 16635 | 814-949-8808 | Ophthalmology |
| Ophthalmic Associates | 120 Main St Johnstown, PA 15901 | 814-536-5343 | Ophthalmology |
| | | | |
| MedRisk PT/OT Network | Call Toll Free for Scheduling | 1-855-572-3926 | Physical and Occupational Therapy |
| MedRisk Chiro Network | Call Toll Free for Scheduling | 1-855-572-3926 | Chiropractic Care |
| One Call Care Management | Call Toll Free for Closest Location | 1-800-872-2875 | MRI |
| Carlisle Medical, Inc. | Call Toll Free for Closest Location | 1-800-553-1783 | DME |
| KeyScripts | Call Toll Free for Closest Location | 1-866-446-2848 | DME/Pharmacy |
| Homelink | Call Toll Free for Closest Location | 1-800-571-2943 | DME/Supplies |
| | | | |

Penn Cambria School District - Cresson (16630) (4/23/2021) NOTA A EMPLEADOS EN CASO DE LESIONES DE TRABAJO

Eastern Alliance Insurance Group PO Box 83777 Lancaster, PA 17608-3777 (717)396-7095 (855)533-3444

- 1. Si sufre una lesión en el trabajo o su empleador o su compañía de seguros le deben pagar por servicios y suministros razonables quirúrgicos y médicos, aparatos y prótesis ortopédicos, inclusive la instructión en su uso.
- 2. Para asegurar que su tratamiento médicos sea pagado por su empleador o la compañía de seguros, ústed debe seleccionar uno de los proveedores de la lista abajo de esta página.
- 3. Debe de seguir consulatando a uno de los médicos de la lista que se encuentra abajo do este página si necesita tratamiento, por noventa (90) días de la fecha de su primera visita.
- 4. Si una de las personas de este lista le se refiere a otro especialista licenciado, su empleador o su asegurador pagarán las facturas para estos servicios.
- 5. Despues de los primeros noventa (90) días, si usted todavia necesita tratamiento y su empleador le ha proporcionado una lista como la que se encuentra abajo, ústed puede escoger ir a otro proveedor de la asistencia medica para el tratamiento. Debe notificar a su empleador de este acción dentro de cinco dias de su visita incial.
- 6. Si su médico de la lista le receta cirugía invasiva, ústed puede pedir una segunda opinión de cualquier otro médico. Si la opinión del otro médico difiere de la del médico de la lista ústed puede decidir que tipo de tratamiento desea recibir. Sin embargo, la segunda opinion deberá contener un plan de tratamiento especifico y detailedo. Si ústed elige la segunda opinión, los procedimientos de la segunda opinión deberan ser realizados por uno de los médicos de la lista por los primeros noventa (90) días. Por lo tanto, en este situación, el trabajador puede estar obligado a tratar con un proveedor designado por el empleador durante un máximo de 180 días
- 7. Si ústed se enfrenta a una emergencia médica, puede asegurar ayuda de un hospital, médicos, o de un proveedor de asistencia médica de su preferencia para su lesión de trabajo. Sin embargo, cuando la emergencia sea resuelta, ústed debe buscar tratamiento de un proveedor de la lista que se encuentra on este página.

POR FAVOR LLAMADA EASTERN ALLIANCE'S QUE PLANIFICA SERVICIOS TOCA LIBERTA EN 1-855-572-3926 PARA LA AYUDA A PLANIFICAR CON FISICO/REHABILITACION DE TERAPIA OCUPACIONAL O QUIROPRACTICA O ENVIAR LA REFERENCIA DE A <u>easternreferrals@medrisknet.com</u>

| Nombre de Clínica | Dirección | <u>Consultas</u> | Area De Especialidad |
|------------------------------------|--|------------------|--------------------------------------|
| MedExpress Urgent Care | 300 E Plank Rd Altoona, PA 16602 | 814-946-3801 | Occupational Medicine |
| MedExpress Urgent Care | 1221 Scalp Ave Johnstown, PA 15904 | 814-266-1138 | Occupational Medicine |
| University Orthopedics Center | 3000 Fairway Drive Altoona, PA 16602 | 814-942-1166 | Orthopedics |
| Total Care Orthopedics | 321 Main St Suite 3C Johnstown, PA 15901 | 814-535-6521 | Orthopedics |
| UPMC Altoona Elite Orthopaedics | 800 S Logan Blvd Ste 2200 Hollidaysburg, PA 16648 | 814-889-3600 | Orthopedics |
| Allegheny Brain and Spine Surgeons | 501 Howard Ave Ste E1 Altoona, PA 16601 | 814-946-9150 | Neurosurgery |
| Laurel Eye Clinic | 176 Vision Dr Duncansville, PA 16635 | 814-949-8808 | Ophthalmology |
| Ophthalmic Associates | 120 Main St Johnstown, PA 15901 | 814-536-5343 | Ophthalmology |
| | | | |
| MedRisk PT/OT Network | El Peaje de la llamada Liberta Par Planificación | 1-855-572-3926 | Physical and Occupational Therapy |
| MedRisk Chiro Network | El Peaje de la llamada Liberta Par Planificación | 1-855-572-3926 | Chiropractic Care |
| One Call Care Management | El Peaje de la llamada Liberta Par La Ubicación más Cercana | 1-800-872-2875 | MRI |
| Carlisle Medical, Inc. | El Peaje de la llamada Liberta Par La Ubicación más Cercana | 1-800-553-1783 | DME |
| KeyScripts | El Peaje de la llamada Liberta Par La Ubicación más Cercana | 1-866-446-2848 | Pharmacy |
| Homelink | El Peaje de la llamada Liberta Par La Ubicación más Cercana | 1-800-571-2943 | DME/Supplies |