

**Penn Cambria 2021-2022 Ala Carte Recommendations**

	<b>Recommended</b>
	<b>2021-2022</b>
<b>Adult Meal- Lunch</b>	<b>3.65</b>
<b>Adult Meal- Breakfast</b>	<b>2.35</b>
Extra Entrée	<b>2.10</b>
Chicken Salad	<b>3.25</b>
Chef Salad	<b>3.25</b>
Bread Slice/Roll	<b>0.65</b>
Vegetable	<b>0.80</b>
Fries/Tater Tots/Wedges	<b>1.50</b>
Fruit	<b>0.70</b>
Bagged Chips	<b>1.10</b>
Fruit Snacks	<b>1.10</b>
Soft Pretzels	<b>1.25</b>
Cheese Sauce	<b>0.75</b>
Rice Krispy Treat	<b>1.25</b>
Ice Cream/Frozen Novelties	<b>1.00</b>
Yogurt or Pudding Parfait	<b>2.00</b>
Cookie - School Made	<b>0.85</b>
Capri Sun	<b>1.00</b>
Galliker's Delite Tea, Lemon Delite, Switch	<b>1.55</b>
Vale Wood Farms Diet Tea	<b>1.10</b>
Bottled Water 8 oz.	<b>0.65</b>
Bottled Water 16.9 oz	<b>1.00</b>
ValeWood Farms Flavored Milk	<b>0.70</b>
ValeWood Farms 1% or Skim Milk	<b>0.70</b>
Extra Breakfast	<b>2.00</b>
Breakfast Pizza or Breakfst Sandwich	<b>1.80</b>
Sausage Patty/Links	<b>1.10</b>
Cereal	<b>0.80</b>
Yogurt	<b>1.10</b>
Toast	<b>0.25</b>
Breadstick	<b>0.85</b>
Grandma's Cookie - 2 Pack	<b>1.55</b>
Grandma's Small Cookie	<b>1.10</b>
Mt Dew Kick Start/Snapple	<b>2.00</b>
Juicy Juice Box	<b>0.75</b>
Juice Slushie	<b>1.15</b>
Mini Donuts	<b>1.30</b>
Breakfast Bar/Waffles/Pancake	<b>1.15</b>
Cupcake	<b>1.00</b>
Coffee	<b>1.00</b>
Small Gatorade	<b>1.35</b>
Goldfish/Jungle Crackers	<b>0.75</b>
Mini Rice Krispie	<b>0.35</b>
Protein Pack	<b>1.50</b>
S'Mores	<b>1.10</b>