

Expectations for winter sports practices to start on December 14th but with some restrictions. Here is what is expected:

- All coaches will be masked at all times
- No coaches will participate in any drills or have close contact with any students
- All students not actively engaged in activity must be masked and socially distanced
- Locker rooms will be closed
- Students will report to practice prepared to participate and leave immediately after practice
- No scrimmages with students from other schools
- In the event there are back to back practices in the same gym, there will be a 45 minute delay prior to the next practice starting
- Parents are HIGHLY encouraged to transport only their child to practice
- Student drivers should not be transporting other students to practice
- All students should bring their own source for hydration
- Keep attendance sheets (including coaches) for each session (and briefly note activities and length of session). DOH will ask lots of questions about types of activities.
- All coaches will be taking temps of students prior to the start of practice
- As always, no Board approved adults may attend any practices or interact with our students
- Encourage ventilation whenever possible (doors open, etc.).
- Do not allow students to sit or line up and wait together. Space them!

Every student and coach must sign and attest:

- The student/Coach did not have a temp
- The student/coach is symptom free
- Students and coaches must confirm that they have not been notified that they were exposed or a contact of anyone with COVID, including family members (should be quarantining)