

Ms. Przybys'

1-3-5

1 POINT EACH

*Paint rocks and hide them in your neighborhood

*Read a book

*Take your dog for a walk

3 POINTS EACH

*Send a text to a friend/family member

*Make or buy a treat and take it to your local firemen

*video yourself folding socks

*Make a list of fruits/vegetables that you like to eat

5 POINTS EACH

*Pick up the mail from the mailbox

*Count coins/dollars in your parent's wallet.

*Look at a recipe and make a list of ingredients that you need at the grocery store.

*Make a poster of healthy/unhealthy foods by cutting pictures out of ads, magazines, etc.

Directions: Choose from the activities listed. The activities must equal 15 points.

Circle the activities you select. Add up your points to make sure they equal 15.

Due: May 15, 2020