



Ms. Przybys'

1-3-5

## 1 POINT EACH

\*use sidewalk chalk to draw a picture or write a message on a neighbor's or relative's sidewalk

\*Read a book

\*Jump rope for 10 minutes.

## 3 POINTS EACH

\*Make a Mother's Day card for your mom.

\*write a thank-you note to someone that has done something nice for you

\*video yourself playing a learning game on the computer

\*Make a list of 10 food items found in your house

## 5 POINTS EACH

\*with a brother or sister make breakfast in bed for your mom on Mother's Day

\*take out the garbage

\*Look at the back of a medicine label and answer these questions: 1. How much do you take for your age? 2. How often do you take the medicine? 3. What is the medicine called?

\*Look at a food label and answer these questions: 1. What food are you looking at? 2. How many calories are in 1 serving? 3. Does this food have high fructose corn syrup in it?

Directions: Choose from the activities listed. The activities must equal 15 points.

Circle the activities you select. Add up your points to make sure they equal 15.

Due: May 8 , 2020

