

# It's Elementary!

Chairs are meant to be sat upon...



Desks, tables, and counters are meant to be worked upon...



## Please... DO NOT STAND ON DESKS, TABLES, COUNTERS, OR CHAIRS!

- Chairs with wheels can cause the chair to come out from under you while you're standing on it
- Chairs, tables, and desks can tip easily when your weight is shifted in a particular direction

### Use Step Stools or Step Ladders



If you don't have a step stool or step ladder in your classroom:

- Find out where the nearest one is stored and how to access it
- Ask Custodial or Maintenance to bring one to your classroom when needed

Step Stool Safety Tips:

- Place the step stool level on the ground, as near as possible to the object you are trying to reach.
- Make sure folding step stools are fully open / extended and locked into position.
- Wear closed toed shoes. Do not climb on a step stool in sandals, high heels, socks or bare feet.
- Brace yourself by putting a hand on a nearby wall while ascending or descending the step stool.
- Do not lean over to reach for or pick up an item as this can cause you to lose your balance.
- If you need to stretch or go up on your tip-toes while on a step stool... you need a ladder.
- Step stools should have non-slip treaded steps and angled rubber leg tips for stability.
- Never use step stools that are in need of repair. Observe capacity ratings.